

Summer Workshop EXTRAVAGANZA Handouts

Presenters

Jill Cervantes
Rachel Georgakis

Nicole Repa
Brian La Porte

Essay Seminar & Common App Workshop Handouts

Jill Cervantes
New Trier High School

You will leave with exercises for brainstorming topics and within a week should be able to produce a rough draft.

2015 Common Application Workshop

Dates & Times

Rooms 377N & 377S, Winnetka Campus

You only need to attend one session

Monday, August 3 – 10:00 to 11:15 AM

And 1:00 to 2:15 PM

Wednesday, August 5–10:00 to 11:15 AM

And 1:00 to 2:15 PM

Tuesday, August 11–10:00 to 11:15 AM

And 1:00 to 2:15 PM

Thursday, August 13– 10:00 to 11:15 AM

And 1:00 to 2:15 PM

In addition to setting up your permanent log-in information, you will also complete at least half of the application and understand how to navigate all parts of the application.

We hope you will join us!
No registration required – just show up!

New Trier Post-High School 2015 Summer Essay Seminars & Common Application Workshops

Rising seniors are invited to participate in one workshop to begin the college application essay and another to register and begin the 2015 Common Application.

Essay Seminars

Application essays for all common application schools and for the universities of Illinois and Wisconsin for the class of 2016 will be distributed.

- Free of charge; just show up with your pen!
- Actual college essay questions for the class of 2016 provided
- Work with counselors who know what the colleges want in the essay
- Students attend one essay seminar, complete the brainstorming individually and arrange for follow-up review of drafts with assigned post-high school counselor.

One of the major sources of stress in the college application process is the application essay. The post-high school counseling office at New Trier offers a workshop designed to help students

complete a strong, polished essay in the summer *before* the senior year begins.

Then when the applications become available in August and September, the daunting work of writing the essay is over and essays are ready to be inserted. Completing the essay over the summer allows students to focus on their classroom achievement and activities during the fall semester.

In 2014, 427 seniors participated. *Students attend one essay introductory seminar and arrange a follow-up meeting to present their first draft to their post-high school counselor.*

Common Application Workshops

The Common Application Workshops will take place after August first when the new Common Application will be available. 84% of New Trier's 2014 graduates used the "Common App." Get an early start on one of the more challenging applications at the workshop: create your registration log-in, complete at least half of the application, and learn how to navigate the application and its parts. Feel free to bring your own laptop or ipad or to use the computers in the lab where the program is held. You may follow up with your post high school counselor, but the workshop is designed to inform and take much of the guess-work out of the process for applicants.

By attending a free Common App workshop you will:

- Learn from post high school counselors what is truly needed in an application, and how to present it to colleges
- Allow yourself more time during your senior year to spend on academics
- Become more confident in completing other college applications
- Have a large part of the application process completed, making you (and your parents) happier

2015 Essay Seminar Dates & Times

Winnetka Campus, EPI Center – attend one only

Thursday, June 25–1:00 to 2:15 PM

Monday, June 29– 10:00 to 11:15 AM

Tuesday, July 7– 1:00 to 2:15 PM

Thursday, July 16– 10:00 to 11:15 AM

Friday, July 24– 1:00 to 2:15 PM

Monday, August 3 – 10:00 to 11:15 AM

And 1:00 to 2:15 PM

Wednesday, Aug. 5–10:00 to 11:15 AM

And 1:00 to 2:15 PM

Tuesday, Aug. 11 – 10:00 to 11:15 AM

And 1:00 to 2:15 PM

Thursday, Aug. 13 – 10:00 to 11:15 AM

And 1:00 to 2:15 PM

College Boot Camp Handouts

Rachel Georgakis
Fenton High School

College Application Boot Camp

AGENDA

8:00am – 8:30am Commons- Welcome and alumni thoughts

8:30am – 8:50am C236

Binder Overview

- Transcript
- Application information form
- Organization sheet
- Calendar
- Honors, Awards, and Volunteer
- Essays/Personal Statements
- Testing Information
- Transcripts and Letter of Recommendation Forms and Procedures
- Scholarship and Financial Aid
- Glossary
- Additional Information

Organization Sheet

- Dates
- Deadline type
- Application type
- Letters of recommendations
- Required testing
- Safety, Reach, Target for academic and financial options
- Essays/personal statements

8:50am – 9:15am C242A/B labs

- Work on finding answers to organization sheet
- Completing calendar for dates

9:15am – 9:25am Break

9:25am – 9:55am Common Application/Non – Common Applications labs

9:55am – 10:10am Transcript forms and LOR sheets

- Process explained
- Teacher recommendations and who to ask

10:15am – 11:00am C106-7 College Admissions Presentation- Elizabeth Paredes, DePaul University

11:10am – 11:45am Labs –Essay or application time

11:45am – 12:00pm Scholarship discussion and final thoughts and evaluation

College Application Boot Camp



Who: Current Lakes' juniors who would like a jump-start on the college application process

When: July 15th from 8:00 a.m. – 12 p.m.

or

August 5th from 12:00 p.m. – 4:00 p.m.



Where: LCHS Auditorium to meet, with breakout rooms after

Topics will include creating a great essay, how to manage deadlines, Common Application and school specific application assistance, and understanding the overall process. The session will be hands on and students will be encouraged to start their application pieces.

Cost is \$25 per person. If student qualified for free and reduced lunch during the 2014-2015 academic year, fee will be waived.

Please submit bottom portion with payment to Ms. Gina Putka, in the Student Services Office, by May 22nd. Seats are limited to the first 100 students (50 students for each session). Once seat limit is reached, a waitlist will be created. If you have questions, please contact Ms. Nicole Repa at 847-838-7137.

Name: _____

Mailing Address: _____

Student email (that will be checked over summer): _____

Parent email (that will be checked over the summer): _____

Phone number (that will be checked over summer): _____

Colleges being considered at this time: _____

Majors being considered at this time: _____

Preference of session (1st preference, 2nd preference, or n/a for not able):

_____ Wednesday, July 15th 8:00 a.m. – 12:00 p.m.

_____ Wednesday, August 5th 12:00 p.m. – 4:00 p.m.

___ **Office Use Only** _____

Received on: _____ Paid: ___Check ___Cash ___Free/Reduced

College Application Information Form

Below is a list of questions you may be asked in an application. In addition, please know/bring social security number, addresses, and parent/guardian phone numbers for applications.

Colleges you plan on applying to:

ACT:

www.actstudent.org login information: _____

ACT ID Number (if not using social security number): _____

Date _____

Composite _____ English _____ Math _____ Reading _____ Science _____ Writing Subscore _____

Date _____

Composite _____ English _____ Math _____ Reading _____ Science _____ Writing Subscore _____

Date _____

Composite _____ English _____ Math _____ Reading _____ Science _____ Writing Subscore _____

SAT: (if applicable)

sat.collegeboard.org/register login information: _____

Date _____ Critical Reading _____ Math _____ Writing _____

Personal Information:

Birthplace (city, state) _____

Mother's Maiden Name _____

Family Education Levels:

Parent/Guardian 1: _____

Parent/Guardian 2: _____

Siblings (include age, and college if applicable):

[illegible]

Free Application for Federal Student Aid (FAFSA)

The first step in the financial aid process is to complete a [Free Application for Federal Student Aid \(FAFSA\)](#). This application, which is available to complete online (preferred method) or in paper format, will use income, assets and other factors to determine the amount you and your family are expected to contribute to your college expenses. Most of the questions are demographic-related and the rest of the answers come from your tax forms and/or those of your parents (if you're a [dependent](#) student) or your spouse (if you are married). If you file the FAFSA online (FAFSA on the Web), you can list as many as ten different colleges that you may be attending and have information sent to them (only four colleges can be listed on the paper FAFSA). Your eligibility for financial aid will be determined by your and your family's financial situation, and by filing your application on time.

For specific instructions on how to complete the FAFSA, visit the [Filling Out the FAFSA page of Federal Student Aid's StudentAid.gov](#).

How and When to File

Fill out your FAFSA as soon after January 1 as possible. Although some taxpayers may need to delay the filing of their tax returns, families in this situation are encouraged to complete the FAFSA with estimated tax information so as not to delay its filing. You can complete the [FAFSA online](#) or a paper application. For the quickest results, [apply online](#). Before you submit your application online, you are encouraged to complete the process to receive a [Personal Identification Number \(PIN\)](#) from the U.S. Department of Education. Applicants who have not been assigned a PIN prior to completing the FAFSA online will have three options:

1. *Have PIN issued in real-time:* a PIN issued in real-time is valid temporarily, for the purpose of signing the FAFSA. The applicant's PIN data will undergo a match with the Social Security Administration (SSA). If the SSA match is successful, the PIN will become permanently valid (and may be used for signing FAFSAs in subsequent years). If the SSA match fails, the PIN will be disabled and the applicant will be sent a paper [Student Aid Report \(SAR\)](#) requesting all required signatures.
2. *Print a signature page:* applicants who do not have a PIN but do have access to a printer can generate a signature page. The signature page must be signed and immediately mailed to the U.S. Department of Education (ED). If the completed signature page is not received by ED within 14 days, a SAR will be mailed to the applicant. The SAR must then be signed and returned to ED.
3. *Process without signature:* the FAFSA can be submitted without a PIN or printed signature page - however, this will result in the application being rejected due to a missing signature. The applicant will receive a SAR in the mail, and the SAR must be signed and returned to ED. Because it will delay the processing of the application, this is the least desirable option.

If the Web is used, it's recommended that you review the "Getting Started/Before You Apply" option of the [Browse Help](#) function at the FAFSA on the Web site. The FAFSA on the Web Worksheet (which can be accessed via the [Resources](#) page of [Federal Student Aid's StudentAid.gov](#)) may be used to prepare for completing the FAFSA online. The Worksheet presents questions in the same order they appear at FAFSA on the Web (which is different than the order of questions on the paper FAFSA).

An optional [Internal Revenue Service \(IRS\) Data Retrieval tool](#) allows you to view and/or securely transfer information directly from the IRS database into FAFSA on the Web, which minimizes data entry time, improves accuracy, and reduces the need for corrections. In order to utilize this function for the 2014-15 application cycle, you must have filed a 2013 federal tax return, have a valid Social Security number, have a Federal Student Aid PIN, and not have changed your marital status after December 31, 2013. The IRS Data Retrieval tool may be used by student applicants filing an initial or renewal FAFSA, parents of dependent students filing an initial or renewal FAFSA, and applicants who are making corrections to their FAFSA. Students and parents using the Spanish FAFSA on the Web will be linked to a Spanish version of the IRS site.

If you are unable to complete the FAFSA online, but do have Internet access, you may download a PDF version of the FAFSA via the [FAFSA Filing Options](#) page of the [FAFSA on the Web](#) site. You may complete the PDF version of the FAFSA on the computer or by hand, then mail it to the address provided on the document. You may also request a paper FAFSA by calling the Federal Student Aid Information Center (FSAIC) toll-free at 800.4FEDAID (800.433.3243).

If you or your parents need help completing your FAFSA, be wary of hiring a consultant. It may not be wise to pay for a service that's free of charge elsewhere, and sometimes these services are simply scams. During January and February of each year, colleges and other community sites hosts [College Awareness & Preparation events](#), which are free to the public. Most events feature FAFSA Workshops with financial aid professionals available to answer any financial aid questions and help you complete your FAFSA—at no charge. Be sure to bring your tax forms, and your parents' tax forms if you're a [dependent](#) student, to any workshop you attend.

After Filing

Once processed by the U.S. Department of Education, you will receive a summary of your FAFSA results, called a [Student Aid Report \(SAR\)](#). The colleges you listed on your FAFSA will also receive the results, in order to determine your financial aid eligibility and prepare a financial aid package for you. The information reported on the FAFSA is confidential and remains within the financial aid office; it is not shared campus-wide. You may be asked to submit documentation (like income tax returns) to the financial aid office at the college to verify the information reported on the FAFSA.

Personal Achievements and Honors <i>(list under appropriate category and place an "x" for each year applicable)</i>

(list under appropriate category and place an "x" for each year applicable)

(add additional page, if needed)

School Year

Role or Responsibility

9

10

11

12

Extra-Curricular Activities (School):

Extra-Curricular Activities (Community):

Community Service/Volunteer Work (Include dates)

Work Activity:

Honors/Awards:

Sources of Scholarships

Scholarship Databases

- Naviance
- www.fastweb.com
- www.scholarships.com
- www.scholarships4students.com
- www.cappex.com

Institutional Scholarships – School specific

- Some are automatic review
- Other types are by separate application

Employer or Organization Scholarships

- Many employers and community organizations offer assistance to employees or members

Local Scholarships – Late January/Early February

- Scholarship competition open only to LCHS and ACHS seniors
- A copy of last year's application is on the Student Services website
- Benefit of a small applicant pool

Avoid Scholarship Scams

View with caution any service that requires you to pay.

While most scholarship services are legitimate, some may be fraudulent and could charge a lot of money for little information.

Report Scams

Better Business Bureau High School Counselor Financial Aid Office Friends

Federal Trade Commission

www.ftc.gov/scholarshipscams

Dates to Remember

Financial Aid Night

On Wednesday, December 3, 2014 at 7 p.m., Lakes Community High School is hosting a Financial Aid night in the auditorium for the district. Illinois Student Assistance Commission (ISAC) will present an overview of the financial aid process. Parents of Juniors and Seniors are encouraged to attend.

Free Application for Federal Student Aid (FAFSA) Workshop

On Tuesday, January 6, 2015 at 7 p.m., Lakes Community High School is hosting a hands on workshop for parents of seniors in the district. Parents are encouraged to come with questions and can access their FAFSA either through the school computers or can bring their own laptop. The district will provide the internet!5

Evaluate Yourself Questionnaire

- 1) Of the activities you are involved in, which is most significant to you and why?
 - a. Do your activities show any pattern of commitment, competence, or contribution?
- 2) Tell me about your future educational plans. Think in terms of majors/fields of study, characteristics of the school you wish to attend, and any schools you are strongly considering.
- 3) Describe the dream job for you.
- 4) To date, describe the hardest obstacle you have had to overcome, either in or out of school.
- 5) List a weakness and what you have done or plan to do to correct it.
- 6) How do you define success?
- 7) What do you want to be known for?

8) If you were marooned on a desert island, what five things (beside necessities) would you want to have with you?

- 1)
- 2)
- 3)
- 4)
- 5)

9) If you had to give a speech, or presentation, what five topics would you feel most confident talking about?

- 1)
- 2)
- 3)
- 4)
- 5)

10) What are the five most important events in the story of your life?

- 1)
- 2)
- 3)
- 4)
- 5)

11) Who are the five people you most admire?

- 1)
- 2)
- 3)
- 4)
- 5)

12) What are your most five favorite memories?

- 1)
- 2)
- 3)
- 4)
- 5)

13) What five people have influenced you the most?

- 1)
- 2)
- 3)
- 4)
- 5)

We appreciate you taking the time out of your summer to get a jump start on your applications. We value your opinions and suggestions regarding the boot camp experience.

On a scale from 1-5 (5 being the best mark) please mark on the following areas:

a. Week selected in the summer was good.

1 2 3 4 5

b. Information mailed home and “homework” were helpful and clear.

1 2 3 4 5

c. Information in binder was useful.

1 2 3 4 5

d. Alumni thoughts were valuable and insightful.

1 2 3 4 5

e. Organization Sheet was helpful.

1 2 3 4 5

f. Lab time was valuable.

1 2 3 4 5

g. Transcript and recommendation procedures were made clear.

1 2 3 4 5

h. Admissions representative’s perspective was helpful.

1 2 3 4 5

i. Overall this program was helpful and useful.

1 2 3 4 5

j. Recommend program to future seniors.

1 2 3 4 5

Any additional opinions and suggestions are welcomed.

_____ Thank you very much!! Enjoy the rest of summer and see you soon!

Boot Camp Handouts

Nicole Repa

Lakes Community High School

College Boot Camp Counselor Tool Kit

Feel free to email me with any questions or if you'd like me to share our updated Google Form versions of these documents!

Rachel Georgakis
College and Career Counselor
Fenton High School
630-860-4780
georgakis@fenton100.org

May 16, 2014

Dear Junior Student,

The Fenton Guidance Department would like to invite you to apply for **College Boot Camp** this summer at Fenton from **Monday, August 4th to Wednesday, August 6th**. The program will help you put your best foot forward with your college applications. Sessions will cover the application process, financial aid, personal statements, and the Common App. Additionally, we will be visiting the University of Notre Dame and North Central College as a part of the program.

In order to be considered for College Boot Camp you must fill out the attached application and return it to Mrs. Georgakis by **Thursday, May 22nd**. 25-30 students will be selected to participate. In order to participate, you must be able to attend every day of the program. While transportation to the colleges will be provided, you will be responsible for your transportation to and from Fenton each day. We will provide lunch and other necessary materials to participants.

Below is a tentative schedule for the program. Timing on field trip days may be adjusted. Remember, attendance on all days is mandatory.

August 4th: 9am-3pm at Fenton and Visit to North Central

August 5th: 7:30am-3:30pm College Visit to Notre Dame

August 6th: 9am-3pm at Fenton

We hope that you will apply for College Boot Camp as we think it will be a wonderful experience and start to your senior year. Remember, **the application is due Thursday, May 22nd**. Applications will not be accepted after that date. Please see your counselor with any questions.

Sincerely,

The Fenton Guidance Department

Fenton High School

College Boot Camp Application DUE: THURSDAY, MAY 22

Applicant Information

Full Name: _____
Last First M.I.

Address: _____
Street Address Apartment/Unit #

City State ZIP Code

Cell Phone: _____ Email _____

Education

Cumulative GPA _____ Class Rank _____ ACT Composite _____

Did either of your parents graduate from college? _____

Race and Ethnicity: (Circle all that apply)

American Indian

Asian or Pacific Islander

Black or African American

Hispanic or Latino

White

Short Essays

Why do you want to participate in Fenton's College Application Boot Camp?

What are your college and career goals?

Disclaimer and Signature

I allow my son/daughter to participate in Fenton's College Application Boot Camp including attendance at the college fieldtrips to the University of Notre Dame and North Central College. I am aware that students must attend every day. Students must provide their own transportation to and from Fenton each day and Fenton will provide transportation to the college campuses.

Parent
Signature: _____ Date: _____

Student
Signature: _____ Date: _____

«AddressBlock»

«GreetingLine»

Congratulations! Your son or daughter has been selected to participate in Fenton's College Boot Camp! We are very excited to have your student attend this four day workshop and hope that it will prove to be an invaluable tool as they apply for college this fall.

Attendance is mandatory at each day of College Boot Camp. Students will meet as at Fenton each day at the times listed below and may enter through door 2. Lunch will be provided every day.

Fenton College Boot Camp Schedule

Monday, August 4 th	9am-3pm
Tuesday, August 5 th	7:30am-3:30pm
Wednesday, August 6 th	9am-3pm

Attached to this letter are the topics for the Common Application Personal Statement for 2014-2015. While this is not required homework for boot camp, we've included it in case your student would like to get a head start.

We'll be in touch as boot camp gets closer, but if you have any questions in the meantime email Ms. Rachel Georgakis at georgakis@fenton100.org.

We look forward to seeing your son or daughter at boot camp this summer!

Sincerely,

The Fenton Guidance Department

«GreetingLine»

We are looking forward to seeing you at Fenton's College Boot Camp in about a week! Remember that attendance is mandatory at each day of College Boot Camp. Students will meet as at Fenton each day at the times listed below and may enter through door 2. Lunch will be provided every day.

Fenton College Boot Camp Schedule

Monday, August 4 th	9am-3pm
Tuesday, August 5 th	7:30am-3:30pm
Wednesday, August 6 th	9am-3pm

If you have any questions please email Ms. Rachel Georgakis at georgakis@fenton100.org . Get ready for an awesome start to your senior year!

Sincerely,

The Fenton Guidance Department

College Boot Camp Itinerary 2014

Monday, August 4th

9-9:30am	Introductions, Pre test
9:30-10:30am	Finding your Fit Presentation
10:30am-10:45am	Break
10:45am-11:45am	College Fairs, Campus Visits, and College Reps
11:45am-12:30pm	Lunch
12:30-3pm	North Central Visit

Tuesday, August 5th

7:30am-3:30pm	Notre Dame Visit
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Wednesday, August 6th

9-10am	Financial Aid Presentation
10-11am	Naviance for your Senior Year
11am-11:15am	Break
11:15am-12:15pm	Personal Statement Presentation
12:15pm-12:45pm	Lunch
12:45pm- 1:45pm	Common Application Presentation
1:45pm-2:45pm	Common Application Workshop
2:45pm-3pm	Post Test and Wrap up of Program

College Boot Camp Pre/Post Test

Name _____

1. What is the FAFSA?
2. What is the Common Application?
3. What are 4 things that you may need as a part of a college application?
4. What does it mean if a school has rolling admissions?
5. Does every college require a personal statement?
6. When can you apply for the FAFSA?
7. What is Naviance?
8. What is the goal of a personal statement or college essay?
9. What is Early Decision?
10. Does every college require letters of recommendation?

College Boot Camp Boot Camp Form

Please rate the sessions we had this week below. Circle your response.

	Poor		Average		Excellent
Application Process Session	1	2	3	4	5
Financial Aid Session	1	2	3	4	5
Naviance Session	1	2	3	4	5
Notre Dame Visit	1	2	3	4	5
North Central Visit	1	2	3	4	5
College Fairs, Campus Visits, & Campus Reps Session	1	2	3	4	5
Common Application Session	1	2	3	4	5
Personal Statement Session	1	2	3	4	5
Finding your Fit Session	1	2	3	4	5

Please answer the below questions to help us improve Boot Camp for next year

What parts of College Boot Camp were most helpful?

What parts of College Boot Camp were least helpful?

What could we do differently next year to improve the program?

Are there any areas that you would like us to cover with you during the school year?

Any other comments?

College & Career Readiness Workshop Handouts

Brian La Porte
Naperville North High School

NNHS College/Career Readiness Seminar Syllabus

Counselors: Angelo Georgacopoulos (ageorgacopoulos@naperville203.org)
& Brian La Porte (blaporte@naperville203.org)

Mission

To educate students to be self-directed learners, collaborative workers, complex thinkers, quality producers, and community contributors.

Seminar Description

Please Note: This seminar does not earn a letter grade, credit, nor will it appear on a student's transcript.

This seminar is recommended for rising senior students (current juniors), especially for those interested in learning more about the career and college search and selection process. This course will introduce students to career and college search tools utilized at Naperville North High School, including CareerCruising & Naviance. Students will also learn about "soft skills," including interviewing skills, thank you note writing, and social etiquette. This four day seminar will conclude with students presenting their findings on a career and college that they have researched, through a mock interview format. After completing this course, students will have a better understanding of CareerCruising, Naviance, and how to communicate effectively in the professional world.

Cost

The cost per student is **\$50**. Students should only attend one of the two sessions (the same information will be presented both weeks). Space is extremely limited, and spots will be determined on a first-come, first-served basis.

Schedule

Session 1: Monday, June 8th – Thursday, June 11th (NNHS, Room **TBD**)

Session 2: Monday, June 15th – Thursday, June 18th (NNHS, Room **TBD**)

This seminar will run from Monday through Thursday, from 8:00am – 11:00am. The material that will be covered on each day is listed below:

Monday (CareerCruising):	Students will be exposed to the online career search tool, CareerCruising. They will complete a career interest inventory, search relevant careers, and research a specific career path in which they are interested.
Tuesday (Naviance):	Students will have the opportunity to learn the Naviance system, which has become an integral part of the college search and application process in District 203. Students will search for colleges that offer degrees related to the career they chose on Monday.
Wednesday (Soft Skills):	Students will learn about the importance of "soft skills." Specific areas that will be covered include interviewing skills, social etiquette, and written etiquette.
Thursday (Presentations):	Students will take all of the information that they have gained from the previous three days, and put it to use. Students will "present" their findings (of both a career and college) through a mock-interview process with Mr. G & Mr. La Porte. Students will receive feedback on their findings and interviews.

Contact

The best way to contact Mr. G & Mr. La Porte is through e-mail (listed at the top of this summary sheet).



2015 NNHS College/Career Readiness Seminar Registration Form

(Please print clearly using black ink)

Student Name: _____ Student ID: _____

Student e-mail address: _____

Please choose the session you would like to attend:

☐ **Session 1:** Monday, June 8th – Thursday, June 11th (NNHS, Room **TBD**)

☐ **Session 2:** Monday, June 15th – Thursday, June 18th (NNHS, Room **TBD**)

(Only register for one session, as the same material will be covered at both)

Cost: \$50.00 [Non-refundable]
(Please make checks payable to Naperville North High School)

Times: 8:00am – 11:00am (Monday – Thursday)

Transportation: Students must provide own transportation to/from Naperville North High School.

Please fill out completely and return form and payment to:

Naperville North High School, Student Services Department

c/o Brian La Porte or Angelo Georgacopoulos

Student Signature: _____

Parent Signature: _____

How did you hear about this seminar?

☐ Jr Parent Night (Spring)

☐ NNHS Website

☐ E-blast

☐ School Counselor

CAREER INFORMATION

Name of Career: _____

Salary Range: _____

Job Outlook (5 yrs.) _____

Work Description/Skills

- What does a worker in this occupation do?
- What tasks does the worker perform?
- What skills do you need to know to be successful in this position?
- Do you need a certain degree for this work?

Working Conditions

- Is the work done inside or outside?
- Are there any physical or health considerations concerning this work?
- Are you stuck in front of a computer all day?

Lifestyle Considerations

- Do you need to work overtime?
- Do you need to work evening & weekend hours?
- Do you need to be traveling?

Places of Employment

- Are there jobs in this occupation near where I live?
- Is this part-time or full-time?
- Can I work from home at times?

Rewards/Drawbacks

- What satisfactions might I find in this occupation?
- What things do I find unpleasant in this occupation?



College Research

1. What is the average GPA for an NNHS student applying to this school?
2. What is the average ACT score for an NNHS student applying to this school?
3. Does this school require the ACT or SAT?
4. Does this school require letters of recommendation?
5. Does this school utilize the Common Application?
6. What deadlines does this school offer? What are the deadlines for applications?
7. What High Schools classes are required for admission? How many years of each subject?
8. Does this school offer your major?
9. What is the cost of tuition per year? What is the cost of room & board?
10. List two interesting facts about the school (NOT common knowledge)
11. Additional Information:

COLLEGE INFORMATION

Name of College or University: _____

Location: _____

Total Enrollment (Undergrad/Grad): _____

Sports Conference: _____

<p><u>School Setting</u></p> <ul style="list-style-type: none">• Distance from home?• Climate?• Social, Recreational, & Employment opportunities you desire?• Greek Life?	
<p><u>Campus & Facilities</u></p> <ul style="list-style-type: none">• Condition of buildings/grounds?• Types of resident hall?• Safety of Campus?• What amenities can you use as a student?	
<p><u>Faculty & Academics</u></p> <ul style="list-style-type: none">• Majors that the University is known for?• Class size?• Student to Teacher Ratio?• Internship Opportunities?	
<p><u>Dining Hall and Food Options</u></p> <ul style="list-style-type: none">• Food and menu options?• On campus restaurants?• Have cafeterias been recently renovated?	
<p><u>Student Life</u></p> <ul style="list-style-type: none">• What do students do for fun?• Clubs?• Do students primarily live on campus or commute?	

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Interview Evaluation

Interviewee: _____

Non- Verbal

- ___ Using SLANT
- ___ Dressed Professionally
- ___ Maintains Good Eye Contact
- ___ Maintains Composure (doesn't fidget)

Verbal

- ___ Voice Tone/Clarity
- ___ Answers in Complete Sentences
- ___ Well Informed on College/Career Choice
- ___ Proper Greetings

Strengths:

Areas of Improvement:

Interview Evaluation

Interviewee: _____

Non- Verbal

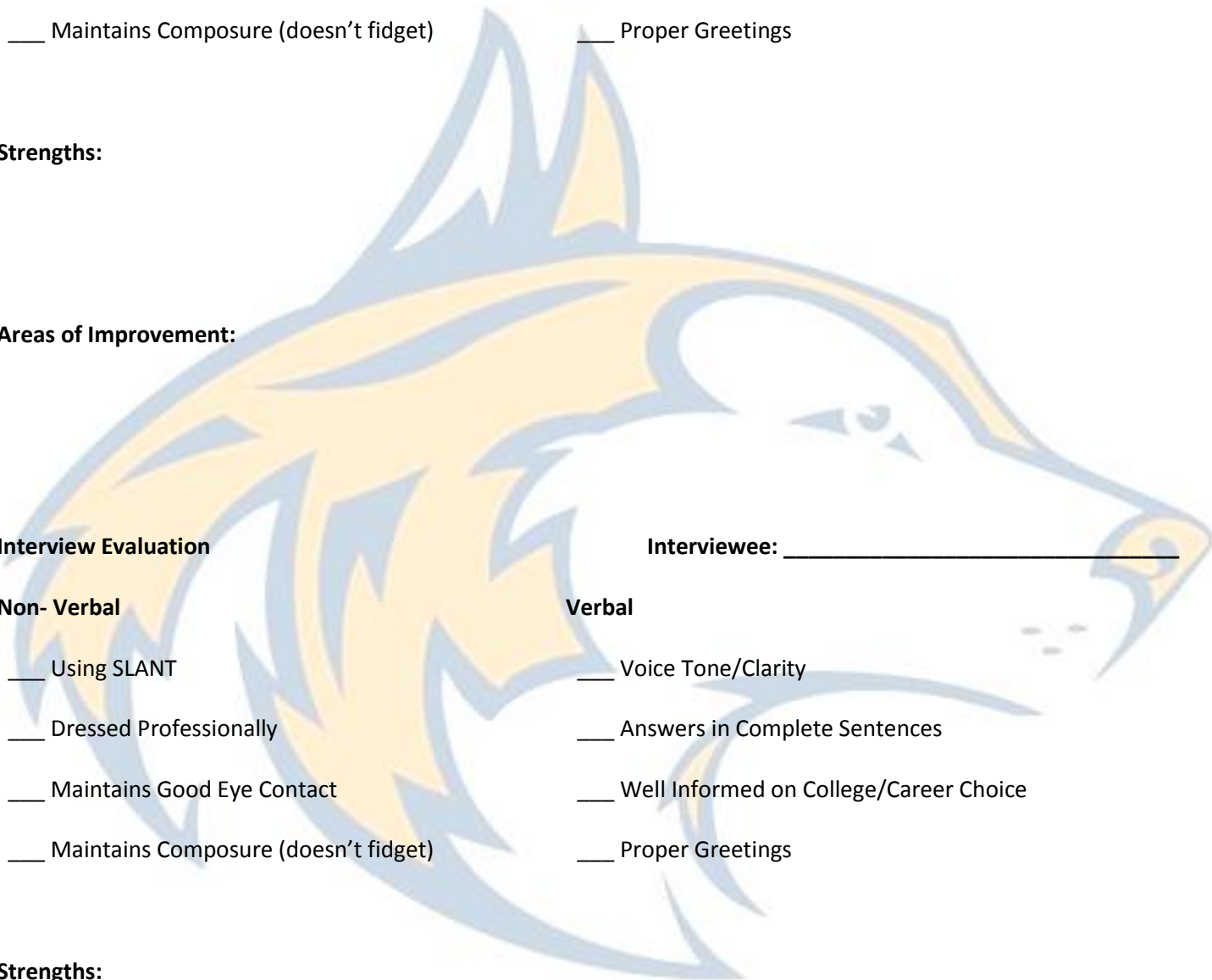
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Strengths:

Areas of Improvement:



Seminar Evaluation

	Very Much		Neutral		Not at All	
1. I learned useful information regarding CareerCruising.	5	4	3	2	1	
2. I learned useful information regarding Naviance.	5	4	3	2	1	
3. I learned useful information regarding Soft Skills.	5	4	3	2	1	

4. What did you find valuable from this seminar?

5. What improvements would you make to this seminar?

6. Would you recommend this seminar to someone else? What would you tell another student about this seminar?

Seminar Evaluation

	Very Much		Neutral		Not at All	
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College & Career Readiness Seminar

Student:

Peer Evaluations

Your peers noted that you did the following verbal/non-verbal skills well:

Non-Verbal Skills

- ☐ Used SLANT
- ☐ Dressed Professionally
- ☐ Maintained Good Eye Contact
- ☐ Maintained Composure (didn't fidget)

Verbal Skills

- ☐ Voice Tone/Clarity
- ☐ Answered in Complete Sentences
- ☐ Well Informed on College/Career Choice
- ☐ Proper Greetings

Strengths your peers noted:

Areas of improvement your peers noted:

Counselor Evaluations

Stand-out strength we noticed:

Other strengths noted:

Areas to work on for the future:

Thank you for taking part in the College & Career Readiness Seminar. We hope that you found the experience beneficial, and can use what you have learned in your future experiences. We also hope you find the attached packet of information useful. If you have any questions regarding the seminar, please feel free to contact us.

Enjoy the rest of your summer & good luck senior year!

Mr. Georgacopoulos & Mr. La Porte



Naviance is a web-based service designed especially for students and parents. It is a comprehensive website that you can use to help make decisions about colleges and careers. Naviance also provides up-to-date information that's specific to our school. It also lets us share information with you about up-coming meetings, news, and events, as well as other web resources for college and career information.

Registration codes were handed out to students during the school year. However, if you have lost this information, please contact the student's counselor or Mrs. Krashen. Due to confidentiality reasons, this information cannot be e-mailed. Therefore, the student/parent must either call or stop by in person. We highly encourage that parents and students share the log-in and password with each other so that all could access Naviance successfully!

Access through NNHS School website : <http://schools.naperville203.org/nnhs/>

Feature	Description	How to Access
College Search	Set search criteria to yield a list of colleges to explore. Save your search to access/modify later. Click on the various tabs of the college profile (<i>general, admissions, financial aid, majors and degrees, and student life</i>) to learn more information. Add colleges you're interested in to your <i>My Colleges</i> list for future reference.	1. Click the <i>Colleges</i> tab 2. Click the <i>College Search</i> hyperlink under the <i>College Research</i> section 3. To add a college to your "Colleges I am thinking about" list click the "add to list" button when you have found a college that you would like to consider
Résumé	Record your high school activities, awards, volunteer experience, etc. Rearrange your information into multiple printable versions of a résumé that you can use to present to potential employers or colleges in the future.	1. Click the <i>About Me</i> tab 2. Click the <i>Résumé</i> hyperlink under the <i>Interesting Things About Me</i> section
Explore Interests	A career interest survey about interest in types of work activities. Use the results to explore suggested occupations; examine the education, training, and skills required [and where to obtain them], as well as wages typical for these occupations.	1. Click the <i>Careers</i> tab 2. Click the <i>Career Interest Profiler</i> hyperlink under the <i>What Are My Interests?</i> section
Do What You Are	A personality survey. Use the results to explore suggested college majors and careers based on your preferences and strengths.	1. Click the <i>About Me</i> tab 2. Click the <i>Personality Type</i> hyperlink under the <i>Interesting Things About Me</i> section
Document Library	Access various NNHS forms such as: college presentation pass, college recommendation request form, and transcript request form.	1. Click the <i>Home</i> tab 2. Click the <i>Document Library</i> hyperlink on right side.
College Representative Visits	Meet with college representatives visiting NNHS during the school day.	1. Click the <i>Colleges</i> tab 2. Click the <i>View all Upcoming College Visits</i> hyperlink under <i>My Colleges</i> 3. Click the <i>Sign Up</i> hyperlink 4. Print <i>College Presentation Pass</i> located in document library

Feature	Description	How to Access
Track transcript receipt	View when your transcript request was received	1. Click the <i>Colleges</i> tab. 2.. Click the <i>Transcripts</i> hyperlink 3. Click the <i>view the status of all my transcripts</i> hyperlink
Track application mailing	View the exact date your official transcript (and other supporting materials if applicable) were sent	1. Click the <i>Colleges</i> tab 2. Click the <i>Colleges I am applying to</i> hyperlink 3. Click the <i>view detailed status</i> hyperlink
Scholarship List	College and local organization-sponsored scholarship opportunities updated weekly. Database lists entries by name, deadline, award amount, merit or need-based, and application requirements; click on a column header to sort entries. You can also browse by category to yield a search list relevant to your interests.	1. Click the <i>Colleges</i> tab 2. Click the <i>Scholarship List</i> hyperlink under the <i>Scholarships & Money</i> section 3. Click on the <i>National Scholarship Search</i> for additional scholarships
Summer Enrichment	This database not only lists entries by type (international, college-sponsored & special interest) but also allows you to browse by special interest as well as search by keywords like the name, location, etc	1. Click the <i>Colleges</i> tab 2. Click the <i>Enrichment Programs</i> hyperlink under the <i>College Research</i> section
Application History	Summary of NNHS application results (admit, deny, enroll) by year.	1. Click the <i>Colleges</i> tab. 2. Click the <i>College Lookup</i> hyperlink under the <i>College Research</i> section. 3. After looking up and selecting a college, the <i>Application History</i> table appears
School Statistics	Historical summary of NNHS application outcomes (number admitted, denied, etc.) by college Historical average GPA and ACT scores for admitted applicants, by college	1. Click the <i>Colleges</i> tab 2. Click the <i>College Lookup</i> hyperlink under the <i>College Research</i> section 3. After looking up and selecting a college, click on <i>School Stats</i> .
Graph (Scattergram)	Historical application results (admit, deny) represented in a scattergram (i.e., graph); applicant average GPA appears on y-axis and applicant average ACT scores on the x-axis.	1. Click the <i>Colleges</i> tab 2. Click the <i>College Lookup</i> hyperlink under the <i>College Research</i> section 3. After looking up and selecting a college, click on <i>Graph</i> hyperlink



We are also pleased to offer the career exploration website:

Career Cruising offers a suite of online career guidance and planning tools designed for people of all ages. Using their tools, students can search careers and explore education options.

Website: www.careercruising.com

Once a student logs in, they may create their own profile and password.

CAREER INFORMATION

Name of Career: _____

Salary Range: _____

Job Outlook (5 yrs.) _____

Work Description/Skills

- What does a worker in this occupation do?
- What tasks does the worker perform?
- What skills do you need to know to be successful in this position?
- Do you need a certain degree for this work?

Working Conditions

- Is the work done inside or outside?
- Are there any physical or health considerations concerning this work?
- Are you stuck in front of a computer all day?

Lifestyle Considerations

- Do you need to work overtime?
- Do you need to work evening & weekend hours?
- Do you need to be traveling?

Places of Employment

- Are there jobs in this occupation near where I live?
- Is this part-time or full-time?
- Can I work from home at times?

Rewards/Drawbacks

- What satisfactions might I find in this occupation?
- What things do I find unpleasant in this occupation?

COLLEGE INFORMATION

Name of College or University: _____

Location: _____

Total Enrollment (Undergrad/Grad): _____

Sports Conference: _____

<p><u>School Setting</u></p> <ul style="list-style-type: none">• Distance from home?• Climate?• Social, Recreational, & Employment opportunities you desire?• Greek Life?	
<p><u>Campus & Facilities</u></p> <ul style="list-style-type: none">• Condition of buildings/grounds?• Types of resident hall?• Safety of Campus?• What amenities can you use as a student?	
<p><u>Faculty & Academics</u></p> <ul style="list-style-type: none">• Majors that the University is known for?• Class size?• Student to Teacher Ratio?• Internship Opportunities?	
<p><u>Dining Hall and Food Options</u></p> <ul style="list-style-type: none">• Food and menu options?• On campus restaurants?• Have cafeterias been recently renovated?	
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College Research

1. What is the average GPA for an NNHS student applying to this school?
2. What is the average ACT score for an NNHS student applying to this school?
3. Does this school require the ACT or SAT?
4. Does this school require letters of recommendation?
5. Does this school utilize the Common Application?
6. What deadlines does this school offer? What are the deadlines for applications?
7. What High Schools classes are required for admission? How many years of each subject?
8. Does this school offer your major?
9. What is the cost of tuition per year? What is the cost of room & board?
10. List two interesting facts about the school (NOT common knowledge)
11. Additional Information:

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Soft Skills Overview

Teamwork/Collaboration – The ability to work successfully in a group setting, including assuming the role of a team player. This is someone who puts the goals of the team ahead of their personal goals.

- Networking- Networking is talking to people about your career goals and experiences. Networking is not asking someone for a job.
- **Develop A Plan** – Identify people you will contact and decide how you will connect with them. Create a list of contacts: mentors, professors, advisors, classmates, etc. Search for people w/ your desired position. Determine your preferred mode of communication.
- **Demonstrating Empathy**- Capability to share one's feelings with others, as well as understanding the emotions of others.

Communication – Nonverbal, Email, Phone, Face to Face, Hygiene

- Professionalism- includes dressing appropriately for the work setting, arriving on time, speaking in a respectful manner to coworkers/classmates, customers, and clients.
- Nonverbal Communication- Appearance (Clothing, Hairstyle, cosmetics, neatness), Body Language (Facial expressions, Posture, hand placement), Sounds (Voice tone, rate, volume),
- Written Communication- email (Proper Email etiquette), Postal mail (Proper address label), Thank you letters (It is proper to send a thank you letter/note to people who assist you on your road to college and must send thank you letter when you interview)
- Interview – Create your 30 second Intro (Your name, year and major; What you are looking for; How your skills/experiences relate to the position, or would benefit the employer/school)
- Interview Checklist- Always arrive early, take a pen, notepad, other relevant documents; turn off all electronics; Your interview starts as soon as you enter the building. While in waiting room, smile and ask the names of everyone you meet; During the interview you should smile, refer to the interviewer by name, give a firm handshake, and make eye contact; Show your interest and excitement for job; Always ask for a business card in order to send thank you letter after.

Problem Solving – Creative, not given instructions and figuring out solutions

- Understand the problem- What are you asked to find out or show? Can you
- Devise a Plan-
- Carry out the Plan – Be patient, If a plan doesn't work immediately, be persistent, Do not let yourself get discouraged, If one strategy isn't working, try a different one.
- Look Back (reflect)- Does your outcome make sense, What did you learn by doing this, Could you have done this problem another way.

Time Management – Prioritizing, Organizing work and assignments, calendars

- Carry a schedule, Assign times to activities/conversations in your day, Schedule time for interruptions, Take the first 30 minutes of the day to plan your day, Take 5 minutes before every call/meeting to decide what result you want to attain, Practice not answering the phone or answering emails when you have to work,
- Use a Planner
- Prioritize Activities
- Develop a routine

2014-15 Common Application Essay Prompts

The Common Application will retain the current set of first-year essay prompts for 2014-15, without any edits or additions. The essay length will continue to be capped at 650 words. The feedback received from member colleges and school counselors has been positive. The essay prompts will be reviewed on an annual basis to ensure that they continue to serve students and member colleges well.

The essay prompts are as follows:

- Some students have a background or story that is so central to their identity that they believe their application would be incomplete without it. If this sounds like you, then please share your story.
- Recount an incident or time when you experienced failure. How did it affect you, and what lessons did you learn?
- Reflect on a time when you challenged a belief or idea. What prompted you to act? Would you make the same decision again?
- Describe a place or environment where you are perfectly content. What do you do or experience there, and why is it meaningful to you?
- Discuss an accomplishment or event, formal or informal, that marked your transition from childhood to adulthood within your culture, community, or family.

REMEMBER: Do NOT start the Common Application until August 1st, 2014.

