


# NCAA for Counselors

How to Guide the College-Bound Student-Athlete



Tad Keely & Natalie Rubino  
School Counselors

Chad Hetlet  
Head Football Coach

## About the Presenters

Natalie Rubino  
School Counselor  
Freshman Girls Softball Coach


Tad Keely  
School Counselor  
Head Boys Tennis Coach  
Assistant Varsity Football Coach

Chad Hetlet  
Physical Education Teacher  
Head Football Coach  
Former Track Coach



## Overview


- How to begin planning for college athletics
- Certification process
- Eligibility requirements
- Recruitment process
- Communicating with college coaches
- What college coaches look for in student-athletes
- Q&A



## West students playing a sport in college


School Year	College Athletes	Class Size	% of Class
2014-15	35	529	7%
2012-13	29	521	6%
2011-12	22	535	4%
2010-11	32	506	6%
2009-10	22	509	4%

*\*Numbers are based on self-reported data from past students.*



## Where to Begin (pg. 4)


- **Become educated with the different collegiate athletic opportunities (pg. 4)**
  - NCAA Division I, II, III
  - NAIA
  - NJCAA
- **Utilize available resources**
  - High school coaches
  - Club/travel team coaches
  - Graduated student-athletes
  - Websites and literature (pg. 22)
- **Ask questions!**




## Where to Begin (pg. 5)

### Freshmen & Sophomores

1. Start planning now
2. Work hard to get the best grades possible
3. Take classes that meet NCAA Core Course requirements (pg. 15)
4. Talk to your coaches about your athletic abilities and ambitions



## Where to Begin (pg. 5)

### Juniors

1. Explore college options that are both an academic and an athletic "fit"
2. Check progress toward core course requirements
3. Sign up for an ACT and list the NCAA Eligibility Center as a score recipient (Code 9999)
4. Register with the NCAA Eligibility Center - \$65  
[www.eligibilitycenter.org](http://www.eligibilitycenter.org)
5. Request a transcript to be sent to NCAA at the end of your junior year.



## Where to Begin (pg. 5)

### Seniors

1. Make sure you have met all graduation and core course requirements
2. Confirm NCAA Eligibility Center registration
3. Retake the ACT
4. Narrow down college choices
5. Submit college applications
6. Send your final transcript to the NCAA



Remember as a student-athlete,  
you are a student first.



## NCAA Eligibility Center

Division I and II

[www.eligibilitycenter.org](http://www.eligibilitycenter.org)

### • Academic Certification

Does the college-bound student-athlete meet the legislated minimum academic requirements?

### • Amateurism Certification

Has the college-bound student-athlete jeopardized his/her amateur status? (pg. 4)



## Academic Requirements

- Graduate from high school
- Complete NCAA approved core courses
- Earn a minimum required core course GPA
- Earn a required sum score ACT



## What is a Core Course? (pg. 15)

A core course must be an academic course that receives high school graduation credit in the following: English, Mathematics, Natural/Physical Science, Social Science, or Foreign Language. An approved core course is:

- Four-year college preparatory
- At or above the high school's regular academic level
- Taught by a qualified instructor



## NEW! Division I Academic Eligibility Standards (pg. 14)

College-bound student-athletes first entering a Division I college or university **on or after August 1, 2016** will need to meet **new** academic rules in order to receive scholarships, practice, or compete during their first year. Possible outcomes:

- Full Qualifier
- Academic Redshirt
- Nonqualifier



## NEW! Division I Academic Eligibility Standards (pg. 14)

### Summary of changes:

- Minimum core course GPA of 2.300 required
- Change in the GPA/Test score sliding scale
- 10 core courses required before the beginning of the seventh semester senior year – Seven of the ten must be in English, Math, and Natural/Physical Science.

*"33% of the core course GPA requirements are satisfied by freshman year."*



## Division I Core Course Requirements (pg. 16)

DIVISION I Core-Course Requirement (16)	DIVISION I – 2016 Qualifier Requirements	DIVISION I – 2016 Academic Redshirt Requirements
4 years of English	*Athletics aid, practice, and competition	*Athletics aid and practice (no competition)
3 years of math (Algebra I or higher)	• 16 core courses	• 16 core courses
2 years of natural/physical science (1 year of lab if offered)	• Ten (10) core courses completed before the start of seventh semester. Seven (7) of the 10 must be in English, math or natural/physical science.	• No grades/credits "locked in" (repeated courses after the seventh semester begins may be used for initial eligibility).
1 year of additional English, math or natural/physical science	• "Locked in" for core-course GPA calculation.	• Corresponding test score (ACT sum score or SAT combined score) and core-course GPA (minimum 2.000) on Sliding Scale B (see Page No. 2).
2 years of social science	• Corresponding test score (ACT sum score or SAT combined score) and core-course GPA (minimum 2.300) on Sliding Scale B (see Page No. 2).	• Graduate from high school.
4 years of additional courses (any area above, foreign language or comparative religion/philosophy)		



## Division I Sliding Scale (pg. 17)

Sliding Scale B		
Use for Division I beginning August 1, 2016		
NCAA DIVISION I SLIDING SCALE		
Core GPA	SAT	ACT Sum
Verbal and Math ONLY		
2.200	820	68
2.475	920	69
2.450	840	70
2.425	920	70
2.400	860	71
2.375	870	72
2.350	880	73
2.325	890	74
2.300	900	75
2.275	910	76
2.250	920	77
2.225	930	78
2.200	940	79
2.175	950	80
2.150	960	81
2.125	970	82
2.100	980	83
2.075	990	84
2.050	1000	85
2.025	1010	86
2.000	1020	86



## Full Qualifier (pg. 14)

GPA for Competition	SAT (critical reading/math only)	ACT Sum	GPA for Competition	SAT (critical reading/math only)	ACT Sum
4.000	400	37	2.900	840	70
3.900	440	41	2.800	880	73
3.800	480	43	2.700	920	77
3.700	520	46	2.600	960	81
3.600	560	48	2.500	1000	85
3.500	600	50	2.400	1040	88
3.400	640	53	2.300	1080	93
3.300	680	56			
3.200	720	59			
3.100	760	62			
3.000	800	66			



## Academic Redshirt (pg. 14)

Athletics Aid and Practice Only

GPA for Aid and Practice	SAT (critical reading/math only)	ACT Sum	GPA for Aid and Practice	SAT (critical reading/math only)	ACT Sum
3.550 or above	400	37	2.500	820	68
3.500	420	39	2.400	860	71
3.400	460	42	2.300	900	75
3.300	500	44	2.200	940	79
3.200	540	47	2.100	980	83
3.100	580	49	2.000	1020	86
3.000	620	52			
2.900	660	54			
2.800	700	57			
2.700	740	61			
2.600	780	64			



## Nonqualifier (pg. 14)

A college-bound student-athlete who cannot receive scholarship, cannot practice, and cannot compete in the first year of enrollment.



## Division II Core Course Requirements (pg. 18)

**DIVISION II  
16 Core Courses**

- 3 years of English.
- 2 years of mathematics (Algebra I or higher).
- 2 years of natural/physical science (1 year of lab if offered by high school).
- 3 years of additional English, mathematics or natural/physical sciences.
- 2 years of social sciences.
- 4 years of additional courses (from any area above, foreign language or comparative religion/philosophy).

Beginning August 1, 2018, to become a full or partial qualifier for Division II, all college-bound student-athletes must:

1. Complete 16 core courses
2. **Partial qualifier:** 2.00 GPA and ACT sum score 68 & above
3. **Full-qualifier:** 2.20 GPA and ACT sum score 70 & above



## Division II Sliding Scale (pg. 19)

DIVISION II COMPETITION SLIDING SCALE		
Use for Division II beginning August 1, 2018		
Core GPA	SAT Verbal and Math ONLY	ACT Sum
2.500	720	59
2.475	730	60
2.450	740	61
2.425	750	61
2.400	760	62
2.375	770	63
2.350	780	64
2.325	790	65
2.300	800	66
2.275	810	67
2.250	820	68
2.225	830	69
2.200	840 & above	70 & above

DIVISION II PARTIAL QUALIFIER SLIDING SCALE		
Use for Division II beginning August 1, 2018		
Core GPA	SAT Verbal and Math ONLY	ACT Sum
2.425	650	53
2.400	660	54
2.375	670	55
2.350	680	56
2.325	690	56
2.300	700	57
2.275	710	58
2.250	720	59
2.225	730	60
2.200	740	61
2.175	750	61
2.150	760	62
2.125	770	63
2.100	780	64
2.075	790	65
2.050	800	66
2.025	810	67
2.000	820 & above	68 & above



## NCAA Core Course GPA Worksheet

NCAA Core Course GPA Calculator				Student Name:	
English (4 years)	Credits	Semester	Semester	Points	
English 1	0	0	0	0	
English 2	0	0	0	0	
English 3	0	0	0	0	
English 4	0	0	0	0	
English Credits	0	0	0	0	
Math (3 years)	Credits	Semester	Semester	Points	
Math 1	0	0	0	0	
Math 2	0	0	0	0	
Math 3	0	0	0	0	
Math Credits	0	0	0	0	
Social Studies (2 years)	Credits	Semester	Semester	Points	
World History	0	0	0	0	
US History	0	0	0	0	
Social Studies Credits	0	0	0	0	
Science (3 years)	Credits	Semester	Semester	Points	
Biology	0	0	0	0	
Chemistry	0	0	0	0	
Science Credits	0	0	0	0	
Additional 1 credits (1 Eng/Math)	Credits	Semester	Semester	Points	
Physics	0	0	0	0	
US Gov	0	0	0	0	
Spanish 1	0	0	0	0	
Spanish 2	0	0	0	0	
South World History	0	0	0	0	
Prob & Stats	0	0	0	0	
Adv Math Apps	0	0	0	0	
Additional Credits	0	0	0	0	

Core Courses	Credits	Points
English	4	0
Math	3	0
Social Studies	2	0
Science	3	0
Additional 1	1	0
TOTALS	13	0

NCAA CORE GPA	WON/LOST
2.00	0
2.10	0
2.20	0
2.30	0
2.40	0
2.50	0
2.60	0
2.70	0
2.80	0
2.90	0
3.00	0
3.10	0
3.20	0
3.30	0
3.40	0
3.50	0
3.60	0
3.70	0
3.80	0
3.90	0
4.00	0

## Athletic Recruitment

"The University of Michigan football program mails 8,000 initial recruitment letters to high school senior athletes; only about 25 players will eventually join their team."



## Roles & Responsibilities (pg. 6)

- Student
- Coach
- Parent
- Counselor



## Student Responsibilities



- Be aware and understand eligibility requirements
- Register with the NCAA Eligibility Center
- Contact coaches and admissions offices at colleges
- Keep updated college information/coach contacts on file
- Develop a list of priorities in selecting a college
- Seek out your coach and counselor for advice

## Role of the Parent



- Be supportive of your child
- Help your child keep college information organized: allow your child to do the legwork
- Help your child be responsible

## Role of the Counselor



- Serve as the student's advocate
- Provide a neutral position
- Process transcript requests
- Provide NCAA Eligibility Center information
- Give advice on college choices
- Assist the family with the college process

## Role of the Coach



- Provide insight
- Help assess athletic abilities and playing realities
- Be involved during the college coach's visit
- Provide necessary recruitment information

## Getting Yourself Recruited

(pg. 7)

- Assess athletic ability
- Identify appropriate colleges
- Communicate with the college coach
  - Personalize cover letters
  - Athletic resume and profile
  - Send a video of your strengths and weaknesses
  - Attend exposure camps
  - Take unofficial visits



## What College Coaches Look For

(pg. 9)

- Athletic ability
- Character
- Work ethic
- Physical attributes
- Grades
- Coach-ability
- Leadership



### Campus Visits (pg. 10)

- **Official vs. Unofficial Visits**
- **What to ask a college coach/recruiter:**
  - How do you qualify for a team?
  - What is the expected time commitment?
  - What position to you envision me to play? How many other athletes are being recruited for the same position?
  - Will I be red-shirted?
  - What is your team's philosophy?

# Questions?

Thank you for coming!

### Additional Resources (pg. 22)

- *College Admissions Index of Majors & Sports: A Guide for College-Bound Student-Athletes and Their Parents*, Wintergreen Orchard House
- The National Directory of College Athletics - [www.collegiatedirectories.com](http://www.collegiatedirectories.com)
- NCAA Division I, II, III Graduation-Rates Report - [www.ncaa.org/academicdatabases](http://www.ncaa.org/academicdatabases)
- *Peterson's Sports, Scholarships, and College Athletic Programs* – [www.petersons.com](http://www.petersons.com)
- *The Ultimate Recruiting Guide and Notebook*, David Kaplan
- *Recruiting Realities*, Jack Renkens – [www.recruitingrealities.com](http://www.recruitingrealities.com)
- [www.FreeRecruitingWebinar.org](http://www.FreeRecruitingWebinar.org)